



# 2007 Review

<b>Date</b>	<b>Race</b>	<b>Men</b>	<b>Women</b>
Sept. 12	Sunriver Open	First	First
Sept. 29	Bill Dellinger Invitational	First	First
Oct. 13	Mike Hodges Invitational	First	First
Oct. 20	Beaver Classic	First	First
Oct. 27	Pac-10 Championships	First	Second
Nov. 10	NCAA West Regionals	First	Second
Nov. 19	NCAA Championships	First	Second

MEN

2007 NCAA  
National  
Champions



2007 NCAA  
West Regional  
Champions



2007 Pac-10  
Champions



2007 Bill  
Dellinger  
Invitational  
Champions



2007 Pac-10 and  
National Coach  
of the Year  
Vin Lananna



2007 All-Americans  
Kenny Klotz  
Daniel Mercado  
Diego Mercado  
Shadrack  
Kiptoo-Biwott  
Galen Rupp



2007 NCAA  
West Regional  
Champion  
Galen Rupp



2007 Pac-10  
Champion  
Shadrack  
Kiptoo-Biwott



2007 Pac-10  
Athlete of the Year  
Shadrack  
Kiptoo-Biwott



2007 Pac-10  
Newcomer  
of the Year  
A.J. Acosta



**SEASON REVIEW**

The journey to the NCAA men's and women's team titles followed the Oregon Trail through the Willamette Valley in the fall of 2007.

The University of Oregon men staked their place at the top of the national rankings early in the season and continued to improve as the year wore on to punctuate 2007 with one of their most triumphant NCAA team victories ever.

The Men of Oregon attained their No. 1 ranking the first week of October and the Ducks' varsity unit was undefeated during the season. Junior Galen Rupp won the NCAA West Regional and finished a close second two weeks prior in his season debut behind junior Shadrack Kiptoo-Biwott in the Pac-10 Championships.

The women re-emerged as a national power in dramatic fashion, ranking top-three nationally nearly the whole season and validating those rankings with a runner-up NCAA finish in their best showing in 20 years.

In weeks prior, the UO women enjoyed runner-up Pac-10 and West Regional showings behind the national champion—even more impressive considering the youth of the squad, which relied nearly entirely on freshmen and sophomores during the season. Those second-place efforts were its first since 1997 and '98, respectively, while they bested five NCAA women's team qualifiers to win the Bill Dellinger Invitational at home in late September.

The magical season added even more honors to the already prolific resume of Associate Athletic Director Vin Lananna, who was tabbed the Pac-10 men's coach of the year for the second straight season and was named the USTFCCCA's Division I national coach of the year.

**NCAA Championships**

Oregon led the men's team scoring battle from the start and ended with 85 points to celebrate its first NCAA team title since 1977. UO put its front five in the top 50 overall for the first time since 1979 when the Ducks finished second.

The Ducks took control of their race early with at least six runners in the top 30 overall in the first mile, and led the team scoring unofficially with 67 points, while Texas-El Paso was second at that point with 179 points. At the 8,000m point, the Ducks still led with 82 points, while No. 4 Iona had moved into second place with 99 points.

In the final team standings, Oregon stood atop the medal stand, 28 points better than Iona (113). No. 9 Oklahoma State was third (80) with No. 6 Northern Arizona fourth (190).

Individually in the men's 33rd NCAA team appearance, Rupp contended valiantly for the individual title and ultimately placed second by less than five meters in the final kick behind Liberty's Josh McDougal. Rupp became UO's highest finisher since Alberto Salazar placed second in 1979. Only Salazar and Duck great Steve Prefontaine have finished higher, winning four NCAA titles in 1978 and 1970-71-73, respectively.

UO's other four scorers also earned All-America honors, and included Kiptoo-Biwott (ninth), sophomores Diego Mercado (30th) and Kenny Klotz (37th), and redshirt freshman Daniel Mercado (41st). Kiptoo-Biwott maintained a top-10 position the entire race, and ended ninth overall for his second All-America honor in his third NCAA appearance.

A trio of second-year Ducks closed out the scoring and ran in contact together between 20th and 40th places overall during the race. Sophomores Diego Mercado (30th) and Klotz (37th) scored particularly key points in the team race since they each finished one place ahead of Iona's third and fourth runners when the team race was undecided. Redshirt freshman Daniel Mercado overcame a fall in the second mile to finish just behind his teammates (41st).

The UO women's last NCAA team appearance was in 2000 (28th), while their last top-10 finish was in '97 (eighth) and last top-five effort in '95 (fifth).

Individually, sophomore Nicole Blood placed eighth, and ran nearly the whole race with freshman Alexandra Kosinski, who placed 13th. The Ducks claimed both multiple All-America honors for the first time since '97 and two top-15 finishers for the first time since 1995. Going a little deeper in the standings, freshman Zoe Buckman (39th) gave UO its first top-40 trio since 1987—the last year Oregon won the team title.

Blood and Kosinski raced side-by-side the first two-thirds of the race before Blood made a move ahead and edged out three-time Pac-10 champion Arianna Lambie at the finish line by a half-second. The Duck duo charged out into the top 15 overall early and stayed in that position throughout the race. Kosinski crossed the line as the top freshman finisher, while Blood was the second sophomore finisher (and top American in her class).

Oregon re-established its storied NCAA tradition and pulled within 32 points of Stanford, who tallied 145 points to win, just ahead of Oregon (second, 177). No. 2 Florida State ran third (236) with No. 6 Arizona State fourth (251).

### **NCAA West Regional**

In the NCAA West Regional Championships nine days before the NCAA meet, the Springfield Country Club continued to position itself as one of the top West Coast cross country sites and thousands of fans cheered the Ducks to automatic NCAA berths.

The No. 1-ranked Duck men opened the morning with a convincing team win and defended their regional title with 47 points for its sixth regional men's team victory.

On the individual front, Rupp won his first regional title and UO's seventh since 1982. He ran in a four- to five-man pack through much of the middle third of the race, then made a break from the field in the final third and won by 10 seconds over Portland's David Kinsella, while Kiptoo-Biwott finished third.

UO featured its next four runners in the top 25 overall—Klotz (12th), Daniel Mercado (15th), redshirt sophomore Scott Wall (16th), redshirt freshman A.J. Acosta (24th).

On the women's side, No. 2 ranked UO tallied 72 points to finish second overall—its highest finish since 1997 when they also finished second—and was one of four teams in the field that ranked top seven nationally.

Blood finished second overall in the event, surging in the final mile to pull within eight seconds of the winner. Kosinski followed in sixth place. Other UO scorers included sophomore Bria Wetsch (16th), Buckman (21st) and senior Sarah Pearson (27th).

## **WOMEN**

2007 NCAA  
National  
Runner-up



2007 NCAA  
West Regional  
Runner-up



2007 Pac-10  
Runner-up



2007 Bill  
Dellinger  
Invitational  
Champions



2007 All-Americans  
Nicole Blood  
Alexandra  
Kosinski



2007 NCAA  
West Regional  
Runner-up  
Nicole Blood



2007 Bill  
Dellinger  
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Champion  
Nicole Blood



2007 Pac-10  
Newcomer  
of the Year  
Alexandra  
Kosinski

## MEN

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**Pac-10 Championships**

Two weeks before in the final weekend of October, the Ducks staked similar placings in the Pacific-10 Conference Championships at Trysting Tree Golf Course in Corvallis.

The No. 1 Duck men, who won their 15th league title, were led by Kiptoo-Biwott and Rupp, who ran the entire race together and finished first and second, respectively. Kiptoo-Biwott staked UO's 11th individual league title to follow Rupp's win in '06.

The duo escaped the 76-runner field after a 4:37 first mile and worked together most of the race on the rolling, sometimes slanted, soft, grassy terrain. Oregon stacked its next four runners in the 11-14 positions—Wall (11th), Acosta (12th), Klotz (13th) and redshirt freshman Andrew Wheating (14th).

After the team scores were tallied, No. 1 Oregon won with 39 points for its second consecutive title.

In the women's race, the No. 2-ranked Ducks took second place with 64 points.

Individually, Kosinski and Blood placed third and fourth overall, respectively, and gave UO its first-ever pair of All-Pac-10 first team honorees. Wetsch and Buckman added top-20 efforts in 16th and 17th places. UO's scoring was rounded out by junior Zoe Nelson (24th).

**Bill Dellinger Invitational**

At September's end, the Ducks put the season into high gear in the second annual Bill Dellinger Invitational and swept the team titles against national caliber fields at the scenic Springfield Country Club.

The then-No. 3-ranked Duck men scored 54 points thanks to five top-20 finishers, Kiptoo-Biwott (second), senior Carlos Trujillo (ninth), Klotz (12th), Daniel Mercado (15th) and Diego Mercado (16th).

No. 3 Oregon won its second straight men's meet team title by 19 points and beat seven other top-25 ranked teams—No. 1 Wisconsin (second, 73), No. 17 Alabama (third, 111), No. 18 Portland (fourth, 137), No. 23 UCLA (fifth, 147), No. 6 Texas-El Paso (sixth, 148), No. 12 Washington (seventh, 176) and No. 13 Cal Poly (eighth, 183).

Earlier in the morning, the women scored an equally impressive win with 65 points and bested a field that included five top-25 ranked teams—returning meet champion and fourth-ranked Arkansas (second, 90), No. 19 Washington (third, 93), No. 18 Colorado State (fourth, 95), No. 23 Brigham Young (fifth, 104) and No. 15 Georgia (sixth, 162).

Individually, Blood cruised away from the 141-women field in the final mile to win the race over Washington's Katie Follett and Duck teammate Kosinski. Two other Ducks finished top 25 overall, redshirt freshman Keara Sammons (eighth) and Wetsch (21st).



2007 Bill Dellinger Invitational Men's Champions

## SEASON RESULTS

### Sunriver Open (Meadows Golf Course, Sunriver, Ore., September 8, 2007)

**Women's Team Finish** – 1, Oregon, 19.2, Portland State, 42.

**Women's Individual Results** – 1, Zoe Nelson, Oregon, 16:56.5. 2, Betsy Bies, Oregon, 16:57.8. 3, Kamila Bocian, Portland State, 17:02.1. 4, Sarah Pearson, Oregon, 17:07.1. 5, Brooke Giuffre, Oregon, 17:08.5.

**Other Oregon Women's Finishers** – 7, Erin Lewis, 17:21.4. 8, Claire Michel, 17:22.3. 9, Hayley Belli, 17:31.9. 10, Lauren Zaludek, 18:24.4. 11, Berkeley Aldinger-Gibson, 19:33.3

**Men's Team Finish** – 1, Oregon, 15.2, Portland State, 50.

**Men's Individual Results** – 1, Max King, Oregon Track Club Elite, 19:17.0. 2, Jon Thomas, Oregon, 19:24.4. 3, Daniel Mercado, Oregon, 19:25.9. 4, Scott Wall, Oregon, 19:24.9. 5, Don Sage, Oregon Track Club Elite, 19:25.2.

**Other Oregon Men's Finishers** – 6, Joaquin Chapa, 19:25.6. 7, Matthew Dettman, 19:28.5. 8, Michael McGrath, 19:32.4. 9, A.J. Acosta, 19:37.6. 11, Eric Dettman, 19:55.3. 12, James Withers, 20:06.3.

### Bill Dellinger Invitational (Springfield Country Club, Springfield, Ore., September 29, 2007)

**Women's Team Finish** – 1, Oregon, 65.2, Arkansas, 90.3, Washington, 93.4, Colorado State, 95.5, Brigham Young, 104.6, Georgia, 163.7, Portland, 178.8, Wake Forest, 187.9, Marquette, 301.10, New Mexico, 302.11, UCLA, 323.11. 2, Montana, 324. Oregon State, 324.14, Utah State, 361.15, Texas-El Paso, 403.

**Women's Individual Results** – 1, Nicole Blood, Oregon, 20:04.2, Katie Follett, Washington, 20:17.3, Alexandra Kosinski, Oregon, 20:24.4, April Thomas, Colorado State, 20:27.5, Katie Bowen, Brigham Young, 20:31.

**Other Oregon Women's Finishers** – 8, Keara Simmons, 20:36.21, Bria Wetsch, 21:02.32, Betsy Bies, 21:10.39, Sarah Pearson, 21:17.45, Zoe Buckman, 21:21.55, Zoe Nelson, 21:30.56, Hayley Belli, 21:31.80, Claire Michel, 21:48.109, Erin Lewis, 22:17.

**Men's Team Finish** – 1, Oregon, 54.2, Wisconsin, 73.3, Alabama, 111.4, Portland, 137.5, UCLA, 147.6, Texas-El Paso, 148.7, Washington, 176.8, Cal Poly, 183.9, New Mexico, 221.10, Ohio State, 292.11, Colorado State, 302.12, Duke, 330.13, Utah State, 343.14, Marquette, 352.15, Georgia, 369.

**Men's Individual Results** – 1, Matt Withrow, Wisconsin, 23:20.2, Shadrack Kiptoo-Biwott, Oregon, 23:24.3, Emmanuel Bor, Alabama, 23:26.4, Augustus Maiyo, Alabama, 23:30.5, Austin Ramos, UCLA, 23:37.

**Other Oregon Men's Finishers** – 9, Carlos Trujillo, 23:46.12, Kenny Klotz, 23:49.15, Daniel Mercado, 23:53.16, Diego Mercado, 23:53.26, A.J. Acosta, 24:01.29, Scott Wall, 24:02.43, Jon Thomas, 24:19.50, Matthew Centrowitz, 24:27.58, Mike McGrath, 24:32.65, Joaquin Chapa, 24:40.83, Matt Dettman, 24:56.98, Eric Dettman, 25:13.

### Mike Hodges Invitational (Clackamas Country Club, Clackamas, Ore., October 13, 2007)

**Women's Team Finish** – 1, Oregon, 28.2, Oregon State, 62.3, Washington, 73.4, Willamette, 89.5, Portland State, 160.6, Portland, 184.

**Women's Individual Results** – 1, Amy Begley, Nike Oregon Project, 15:50.2, Dana Buchanan, Unat., 17:03.3, Sarah Zerzan, Willamette, 17:08.4, Zoe Nelson, 17:24.5, Kamila Bocian, Portland State, 17:25.

**Other Oregon Women's Finishers** – 6, Sarah Pearson, Oregon, 17:29.8, Betsy Bies, Oregon, 17:31.9, Bria Wetsch, Oregon, 17:33.11, Zoe Buckman, 17:35.16, Brooke Giuffre, 17:42.19, Claire Michael, 17:48.27, Hayley Belli, 18:07.29, Erin Lewis, 18:07.52, Lauren Zaludek, 19:04.61, Berkeley Aldinger-Gibson, 19:27.67, Tamara Starodubsteva, 19:34.

**Men's Team Finish** – 1, Oregon, 16.2, Washington, 63.3, Willamette, 67.4, UO Running Club, 131.5, Portland State, 143.

**Men's Individual Results** – 1, Jordan McNamara, Unat., 19:16.2, Andrew Wheating, Oregon, 19:27.3, Joaquin Chapa, Oregon, 19:36.4, Carlos Trujillo, Oregon, 19:37.5, Freker Matthew, Unat., 19:42.

**Other Oregon Men's Finishers** – 6, A.J. Acosta, 19:43.9, Mathew Cravens, Oregon, 19:50.13, Michael McGrath, 19:57.14, Matthew Dettman, 19:57.16, James Withers, 20:03.19, Eric Dettman, 20:07.20, Esteban Trujillo, 20:09.

### Beaver Classic (Avery Park, Corvallis, Ore., October 20, 2007)

**Women's Team Finish** – 1, Oregon, 28.2, Oregon State, 45.3, Portland, 76.4, Corvallis Running Project, 116.5, Pacific Lutheran, 116.

**Women's Individual Results** – 1, Dana Buchanan, Unat., 20:47.2, Penny McDermott, Corvallis Running Project, 20:47.3, Brooke Giuffre, Oregon, 21:18.4, Claire Michel, Oregon, 21:30.5, Hayley Belli, Oregon, 21:41.

**Other Oregon Women's Finishers** – 10, Erin Lewis, 22:16.13, Lauren Zaludek, 22:28.30, Berkeley Aldinger-Gibson, 23:15.31, Tamara Starodubsteva, 23:17.

**Men's Team Finish** – 1, Oregon, 17.2, UO Running Club, 61.3, Portland, 68.4, Willamette, 99.5, Clark, 172.

**Men's Individual Results** – 1, Isaac Stoutenbergh Unat., 24:10.2, Patrick Werhane, Unat., 24:10.3, James Withers, Oregon, 24:12.4, Kevin McNally, Oregon, 24:12.5, Chris Winter, Unat., 24:21.

**Other Oregon Men's Finishers** – 7, Esteban Trujillo, 24:38.8, Matthew Cravens, 24:46.12, Matthew Dettman 25:14.14, Eric Dettman, 25:22.17, Ken Scoggin, 25:34.20, Vincent D'Onofrio, 25:46.

### Pac-10 Championships (Trysting Tree Country Club, Corvallis, Ore., October 27, 2007)

**Women's Team Finish** – 1, Stanford, 48.2, Oregon, 64.13, Arizona State, 68, Washington, 68.5, Washington State, 136.6, Arizona, 188.7, Oregon State, 197.8, USC, 215.9, California, 237.10, UCLA, 248.

**Women's Individual Results** – 1, Arianna Lambie, Stanford, 19:40.2, Teresa McWalters, Stanford, 19:41.3, Alexandra Kosinski, Oregon, 19:54.4, Nicole Blood, Oregon, 20:08.5, Jenna Kingma, Arizona State, 20:09.

**Other Oregon Women's Finishers** – 16, Bria Wetsch, 20:41.17, Zoe Buckman, 20:41.24, Zoe Nelson, 20:55.27, Brooke Giuffre, 21:00.30, Sarah Pearson, 21:07.45, Claire Michael, 21:33.49, Elizabeth Bies, 21:42.64, Hayley Belli, 22:05.

**Men's Team Finish** – 1, Oregon, 39.2, Stanford, 55.3, California, 70.4, UCLA, 97.5, Arizona State, 105.6, Washington, 162.7, Washington State, 166.8, Arizona, 260.

**Men's Individual Results** – 1, Shadrack Kiptoo-Biwott, Oregon, 22:54.2, Galen Rupp, Oregon, 22:58.3, Russell Brown, Stanford, 23:08.4, Austin Ramos, UCLA, 23:10.5, Hari Mix, Stanford, 23:11.

**Other Oregon Men's Finishers** – 11, Scott Wall, 23:21.12, A.J. Acosta, 23:24.13, Kenny Klotz, 23:25.14, Andrew Wheating, 23:26.21, Carlos Trujillo, 23:37.27, Matthew Centrowitz, 23:46.28, Daniel Mercado, 23:47.38, Diego Mercado, 24:03.

### NCAA West Regionals (Springfield Country Club, Springfield Country Club, November 10, 2007)

**Women's Team Finish** – 1, Stanford, 33.2, Oregon, 72.3, Arizona State, 106.4, Washington, 118.5, UC Santa Barbara, 143.6, Washington State, 249.7, Portland, 250.8, UC Riverside, 304.9, California, 328.10, Long Beach State, 334.

**Women's Individual Results** – 1, Teresa McWalters, Stanford, 19:57.2, Nicole Blood, Oregon, 20:05.3, Alex Gits, Stanford, 20:23.4, Anita Campbell, Washington, 20:24.5, Arianna Lambie, Stanford, 20:31.

**Other Oregon Women's Finishers** – 6, Alexandra Kosinski, 20:37.16, Bria Wetsch, 20:55.21, Zoe Buckman, 21:03.27, Sarah Pearson, 21:12.33, Zoe Nelson, 21:18.77, Elizabeth Bies, 21:58.

**Men's Team Finish** – 1, Oregon, 47.2, Portland, 76.3, Stanford, 100.4, California, 112.5, Cal Poly, 116.6, Arizona State, 141.7, UCLA, 142.8, Washington State, 220.9, UC Santa Barbara, 224.10, Washington, 233.

**Men's Individual Results** – 1, Galen Rupp, Oregon, 29:35.2, David Kinsella, Portland, 29:45.3, Shadrack Kiptoo-Biwott, 30:03.4, John Moore, Portland, 30:05.5, Michael Kilburg, 30:06.

**Other Oregon Men's Finishers** – 12, Kenny Klotz, 30:27.15, Daniel Mercado, 30:33.16, Scott Wall, 30:34.24, A.J. Acosta, 30:49.47, Joaquin Chapa, 31:22.

### NCAA Championships (Gibson Course, Terre Haute, Ind., November 19, 2007)

**Women's Team Finish** – 1, Stanford, 145.2, Oregon, 177.3, Florida State, 236.4, Arizona State, 251.5, Michigan State, 321.6, Illinois, 331.7, Northern Arizona, 357.8, Washington, 358.9, West Virginia, 10, Iowa, 387.

**Women's Individual Results** – 1, Sally Kipyego, Texas Tech, 19:30.2, Jenny Barringer, Colorado, 19:47.3, Susan Kuijken, Florida State, 19:57.4, Diane Nukuri, Iowa, 20:07.5, Nicole Bush, Michigan State, 20:13.

**Oregon Women's Finishers** – 8, Nicole Blood, 20:18.13, Alexandra Kosinski, 20:34.39, Zoe Buckman, 21:06.76, Bria Wetsch, 21:24.103, Sarah Pearson, 21:34.135, Zoe Nelson, 21:48.212, Brooke Giuffre, 22:35.

**Men's Team Finish** – 1, Oregon, 85.2, Iona, 113.3, Oklahoma State, 180.4, Northern Arizona, 190.5, Wisconsin, 239.6, Alabama, 280.7, Colorado, 287.8, Minnesota, 322.9, Louisville, 324.10, Texas-El Paso, 331.

**Men's Individual Results** – 1, Josh McDougal, Liberty, 29:22.2, Galen Rupp, Oregon, 29:23.3, Lopez Lomong, Northern Arizona, 29:45.4, Robert Curtis, Villanova, 29:46.5, Brent Vaughn, Colorado, 29:47.

**Other Oregon Men's Finishers** – 9, Shadrack Kiptoo-Biwott, 29:56.30, Diego Mercado, 30:27.37, Kenny Klotz, 30:36.41, Daniel Mercado, 30:37.146, A.J. Acosta, 31:27.196, Scott Wall, 32:00.

## WOMEN

2007 NCAA  
National  
Runner-up



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West Regional  
Runner-up



2007 Pac-10  
Runner-up



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